



## Editorial

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**Seasons greetings and best wishes for 2019 from IJTARP Editor, IJTARP Administrative Editor, and the IJTARP Editorial Board.**

We have plenty of exciting news in this issue. Our apologies that our 2018 issues have been published later than the pattern in previous years – as we explained last time this was linked to the change in sponsorship of the journal. In spite of the problems associated with this, I am delighted that we are now publishing the second issue for 2018 before the end of the year.

**This issue includes three more case study articles that demonstrate the efficacy of TA treatment of depression** – these are part of a series of seven that form an Italian systematic replication of findings from previous case series – and are adding to the evidence needed for recognition of TA as an acknowledged treatment for common mental disorders

**We also have four articles that have been translated from Portuguese and are reproduced here by permission of UNAT-Brasil** - they are the first of several and cover an interesting range of topics: working with therapeutic symbiosis; death and the grieving process; psychotherapy supervision; and ways in which rituals promote autonomy.

We have more research articles in the pipeline, and more papers from Brazil are currently being translated. So our next issue should be out soon in 2019, after which we hope to get back to our regular publishing dates.

And we do of course welcome more submissions – and are very happy to to hear from both experienced and first-time authors.

Let me conclude by repeating the exciting news announced in the previous issue - IJTARP is listed in the Directory of Open Access Journals ([www.doaj.org](http://www.doaj.org)) so that we are accessible in more databases and to many more potential readers. Because we are an open access journal, ownership of each article stays with the author so we have been able to work with them to put their papers into Academia ([www.academia.edu](http://www.academia.edu)) where they are available to over 60 million academics.

Please help us to raise the profile of TA generally by alerting your colleagues to the existence of this journal, which can be accessed by anyone – nowadays they do not even have to tell us who they are or set up a password – although if they do they will then receive regular reminders when a new issue appears. All they have to do is go to [www.ij tarp.org](http://www.ij tarp.org) and they can access all eight years of issues.